

The Courtyard's Christmas Appeal 2013

Raising funds to support two local charities

Cinderella runs at The Courtyard from Friday 29th November to Sunday 5th January 2014



Lorraine from Heartstart meets the Ugly Sisters from Cinderella

PLEASE GIVE GENEROUSLY!

DONATE AT

www.courtyard.org.uk/support-us

at Box Office on 01432 340555

or Text UGLY13 £5 to 70070

The Courtyard, Edgar Street, Hereford HR4 9JR

Herefordshire Heartstart is a voluntary organisation established to teach the people of Herefordshire Emergency Life Support (ELS) skills. These skills are the actions needed to keep someone alive until professional help arrives. Heartstart is a local initiative and we rely on donations and grants to keep this vital service running.



Herefordshire schoolgirl, Minnie Albright aged 8, heroically saved her brother's life when he choked on a coin after attempting a magic trick that went horribly wrong.

Minnie learnt life saving skills when she attended a Heartstart course at Pembridge School, Leominster.

The Courtyard, Herefordshire's centre for the Arts is a registered charity (no. 1067869). We need your help to continue to develop and support our vital community and outreach work within Herefordshire for older and younger people.

- 6,500 older people participated in our workshops in day care centres and residential homes in 2012
- 17,000 young people are actively involved with our Youth Programme

All proceeds from the Appeal, raised during the *Cinderella* Pantomime run, will be split equally between Herefordshire Heartstart and The Courtyard.

**SUPPORT
VITAL
LOCAL SERVICES:
SAVE ARTS AND
HEARTS**